

THE BEAUTY AUTHORITY

NEW BEAUTY

THE LATEST WRINKLE ERASERS • EASY WAYS TO LOOK YEARS YOUNGER • SOLUTIONS THAT WORK IN MINUTES
THE NEW ANTI-AGING DISCOVERY!
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PROVEN WAYS TO GET A
FLAWLESS
 AGE-DEFYING LOOK IN TEN MINUTES
 101 SECRETS TO SCULPT THE
PERFECT BODY
 LOOK YOUNGER!

Stacy Keibler
 her simple secret to how she stays slim

newbeauty.com
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 DISPLAY UNTIL SEPTEMBER 23

SKIN REVERSE THE SIGNS OF SUN DAMAGE

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Say good-bye to your spots

Has excess sun exposure caused sunspots? Your dermatologist or plastic surgeon can erase them with a variety of lasers. "Lasers are great for removing damage and refreshing skin," says San Francisco dermatologist Vic Narurkar, MD. "I like Fraxel re:pair SST for advanced photoaging as it's the most comfortable fractional ablative laser that produces dramatic results and can be performed with topical anesthesia." Fractional lasers may also be used in conjunction with topical antioxidants. "The Clear + Brilliant Permêa Laser with SkinCeuticals C E Ferulic reverses superficial pigment and stimulates collagen," Dr. Narurkar adds. Hydroquinone may still be the gold standard for lightening, but new alternatives, like SkinMedica Lytera, are on the rise. "It uses proprietary ingredients and retinoic acid to erase sunspots. When tested against 4 percent hydroquinone, the results were outstanding."

DAILY PROTECTION
 To defend the integrity of your skin, wear an SPF of at least 30 every day with ingredients that shield against both UVA and UVB rays.

LIGHTEN UP
 at-home exfoliators, microdermabrasion treatments and chemical peels slough away dead skin, revealing a smoother complexion.

IN-OFFICE INTERVENTION
 For dark spots that are unresponsive to other treatments, consider in-office IPL or fractional laser resurfacing.

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THE SKIN SOFTENER

With two variable speeds for tailored results, this at-home microdermabrasion system provides powerful exfoliation to help diminish the signs of aging and sun damage for more refreshed, radiant-looking skin. **PMD Personal Microderm Pro**, \$290, personalmicroderm.com

"It takes some practice to master, but once you get the hang of it you'll be on your way to smoother, softer, less spotty skin."

"An intense hydrator, protector and corrector—this daily moisturizer does it all while providing a dose of radiance."



"The botanically-based serum comes out an iridescent purple color but leaves skin looking virtually flawless."

"You have to be diligent about applying it, but this serum absorbs quickly and really works to help reduce spots caused by sun damage."



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THE COMPLEXION PROTECTOR

For a brighter, more youthful-looking complexion, this age-defying moisturizer offers a built-in sunscreen that reduces the appearance of uneven skin tone while also protecting skin. **AHAVA Age Control Even Tone Moisturizer SPF 28**, \$45, ahava.com

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THE INTENSE SPOT LIGHTENER

Designed to meet the needs of Asian sun-damaged skin (it works on all skin tones), this serum dissolves darkness and prevents new pigmentation from forming. **Estée Lauder CyberWhite HD Advanced Spot Correcting Essence Serum**, \$170, estelauder.com

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THE LUMINOSITY CREATOR

A side effect of sun damage is lackluster-looking skin. This green tea solution uses only plant phytochemicals to lighten the appearance of sunspots and give skin a glow. **Cellest-C Fade Away Gel For Sun & Age Spots**, \$45, cellestc.com